

## **Dhamma Cakka**

Dhamma Cakka Vipassana Sadhana Kendra,  
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*Dhamma Hall of Dhamma Cakka*

Dhamma Cakka, meaning 'Wheel of Dhamma', is located 3.5 km from where the Buddha gave his first discourse Dhammacakkappavattana Sutta (Turning of the Wheel of the Dhamma) at the Deer Park. The exact spot marked by The Dharmeka stupa in the Deer Park, the Moolgandh Kuti Vihar with the paintings depicting the Buddha's life and numerous monasteries established by various countries enhance the sacred atmosphere of the region. With its first course in September 2004, Dhamma Cakka offers two ten-day courses a month for about 40 students, as well as two or three Satipatthana courses annually.

## **Dhamma Suvatthi**

Jetvan Vipassana Meditation Centre  
Katra Bypass, Shravasti , Uttar Pradesh India  
Tel: 91-5252-265439  
Email: [info@suvatti.dhamma.org](mailto:info@suvatti.dhamma.org)  
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Dhamma Suvatthi, meaning 'Welfare of Dhamma' is situated in the ancient capital city of Shravasti, the city so often mentioned in the life of the Buddha. The Centre was established in June 2003 in the serene surrounding of the historical Jetvan where Lord Buddha stayed for 25 rainy season retreats. About five hours journey by road from the capital city of Lucknow, Dhamma Suvatthi is not however very well connected by rail.

The centre occupies nine acres of land and has comfortable accommodation for 60 students. The Dhamma hall can seat around 150 students. Segregated dining halls have a total capacity of 150. The foundation work of a pagoda for about 64 cells is complete. Regular 10-day and Satipatthana courses are regularly beng held, with an average of about 20 courses every year.