

Dhamma Kānana

Dhamma Kanana Vipassana Centre,
Wainganga Tat, Rengatola, P.O. Garra, Balaghat.
City Contact: Haridas Meshram, Ratan Kuti, 126, I.T.I. Road, Buddhi, Balaghat-481001.
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Dhamma Kānana, meaning 'Forest of Dhamma', is situated amid 20 acres of beautiful forestland near the bank of the Waiganga River. The Centre is very near to the world famous Kanha National Park and is six km away from Balaghat.

Established in March 1995, Dhamma Kānana annually hosts about 12 ten-day courses, two Satipaṭṭhāna courses, two short courses as well as two children's courses. The Dhamma Hall can seat 60 students.

Dhamma Pāla

M.P. Vipassana Samiti
E-1/82, Arera Colony, Bhopal - 462 016 (MP) India
Tel: 91- 755 - 2468053; Fax : 91-755 - 2468197
Email : info@pala.dhamma.org

Dhamma Pāla, meaning 'Protector of Dhamma', is 60 km away from the famous Sanchi Stupa built by Emperor Asoka. The Centre is under construction in Bhopal, the city of lakes and the capital of India's biggest state Madhya Pradesh in central India. The Centre is behind Kerwa Dam, on 27 acres of land. The first phase, to allow for a capacity of 100 students, will use five acres with construction starting in 2005. The second phase will provide for a Dhamma Hall to seat 225 students and 75 cells. Dhamma Pāla plans to conduct 12 courses a year at the completion of phase 1. As added attraction, students might be taken on a visit to Sanchi Stupa at the end of the course.

Dhamma Bala

Jabalpur Vipassana Trust, Mani Distributors, 33, Dawa Bazar, Civic Centre, Jabalpur. Tel:
5006252, 2310252. Fax: 2342719, 2391127.
Email: dhammalajabalpur@yahoo.co.in

Dhamma Bala, meaning 'Strength of Dhamma', is half a km from the world famous Bhedaghat Waterfalls in the Narmada River, renowned for the 2 km wide stretch of marble rocks on either bank of the river. Dhamma Bala began functioning with the first ten-day course being held from 19th May in 2005. Situated on five acres of land, construction is presently going on to build facilities for about 100 students. After construction is finished in six months, one ten-day course will be held each month.