

Dhamma Khetta

Vipassana International Meditation Centre,
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Hyderabad 500 070

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Dhamma Khetta, meaning 'Field of Dhamma', is situated on 5.6 acres of land in Sahabnagar, about 22 km from the cosmopolitan city of Hyderabad. Goenkaji inaugurated the Centre in 1976 by planting a Bodhi sapling from Bodhgaya. This is the very first Centre to be formally established. True to its name, Dhamma Khetta is lush and green with dense foliage surrounding it. The climate is moderate in all seasons except summer.

Presently, five Dhamma Halls serve in conducting simultaneous courses. The main Dhamma Hall accommodates over 200 students. The high shell roof helps create an environment conducive to meditation. The Dhamma hall was scientifically designed, factoring intricate details of muted light, maximum ventilation and insulation techniques.

Adjacent to the hall is a pagoda building with 72 cells in two concentric rings. 32 cells were added in 2005. There is residential accommodation for 120 men and 90 women.

Besides regular ten-day courses and long courses, Dhamma Khetta has full facilities for self-courses and every Sunday transport is arranged for local meditators to come to group sittings and for a one-day course. Workshops such as the 'Value Inculcation through Vipassana' for school and college teachers are also held.