

## **Dhamma Kūṭa**

Dhamma Kuta Vipassana Meditation Centre,  
Mowbray, Hindagala, Mahakanda, Peradeniya Sri Lanka  
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Dhamma Kūṭa, meaning 'Peak of Dhamma', is situated in picturesque Kandy, the Hill capital of Sri Lanka. Established in late 1992, the Centre overlooks a verdant valley of paddy tracts and villages along which the Mahaweli river flows. It is encircled by a vista of mountains with Sri Pada and Bible Rock in the horizon. The approach to the Centre is along the Galaha road, past the Peradeniya University up to Mahakanda Junction. Dhamma Kuta and its Pagoda (Chaitya) is visible from this point and is approximately 1.5 km uphill to the centre.

The Dhamma hall, with a panoramic view, can accommodate about 110 meditators with 28 individual cells below the meditation hall. Facilities include a well-equipped dining hall, residential quarters for 95 students, along with ten single rooms for males and four for females. Fresh spring water is obtained from the mountains above. An afforestation programme has transformed the "mana" grass covered slopes, and this project will continue. The facilities expected in the near future are additional individual rooms for males and female long course students. Dhamma Kūṭa presently hosts an average of 26 courses a year. The first a 45-day course successfully concluded on April 5, 2005. Off Centre courses such as prison courses, one-day courses for old students and children's courses have also been held.

## **Dhamma Sobhā**

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Dhamma Sobhā, meaning 'Radiance of Dhamma', is the second Vipassana Centre in Sri Lanka. Being established in Kosgama village, about 47 kms from Colombo on the Colombo-Ratnapura Road, the Centre is to be built on six acres of land in picturesque surroundings, encircled by a range of mountains. The green vegetation is most soothing to the eye and very conducive to meditation. The Centre is easily accessible by road and rail. On a clear day, one can see the sacred Adam's Peak commonly referred to as Sri Pada, with the imprint of the footprint of the Buddha at its summit. The land for this centre, purchased by an old student, will be developed in stages and a master plan has been made to accommodate about 300 meditators. In the first phase of construction work, the Dhamma Hall, Teacher's residence, dormitories, kitchen, and dining hall will be constructed to cater to 40 students.