

Dhamma Niketana
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Dhamma Hall

Dhamma Niketana, meaning 'Dwelling of Dhamma', is a humble beginning to having a full-fledged Vipassana centre in South Australia, a region that has held Vipassana courses since the mid-1980's in rented facilities in Mylor and Normanville at the 'Dzintari' camp, south of Adelaide. Gradually, old students formed the South Australia Vipassana Meditation Association in 1998. A house was purchased in Northfield in 1999.

The property is not suitable for ten-day courses because of its small size, but Satipaṭṭhāna course, one-day and three-day courses are held. The house can accommodate 12 meditators who can also live at the house to deepen their meditative practice and to provide service so that others may benefit from this technique. Recently a shed was built in the back yard as a meditation hall to better utilize the limited space. The new meditation hall seats up to 16 meditators. Regular open days are also held for dissemination of Vipassana information to the local public. The local trust is actively looking for a site to build a centre.
