COME,
PEOPLE OF THE WORLD

Acharya S. N. Goenka

Translations of selected Hindi Couplets

Vipassana Research Institute
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Preface

This booklet presents a collection of Hindi couplets (dohas) chanted by Sri S.N. Goenka in his 10-day Vipassana courses. These have been a source of great inspiration to his students for many years. They have now been transcribed in Roman script and translated into English for the benefit of English speaking students all over the world.

The doha is a favourite Indian poetic form similar to the gathas (verses) often used by the Buddha, and it remains, even today, a strong part of Indian culture. The dohas enjoy a prestigious position in Indian literature from time immemorial. The sages have used these as a vehicle of their noblest thoughts. These dohas pulsate with Dhamma vibrations.

Although inspiring, these dohas by no means, form a part of meditation. For this, one has to turn to one's own experience, observing the phenomena of arising and passing away within the framework of one's own body from time to time, from moment to moment.

We feel very happy to publish this book for Vipassana students and for all those interested in walking on the Path of Dhamma.

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