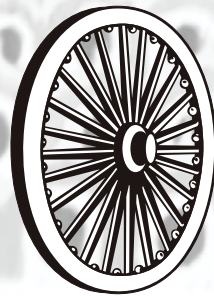


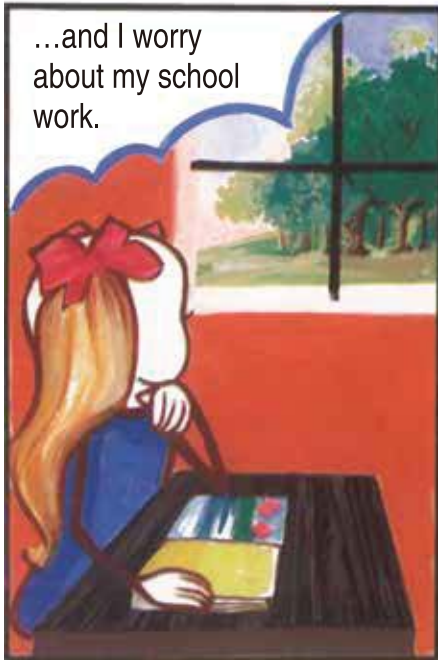
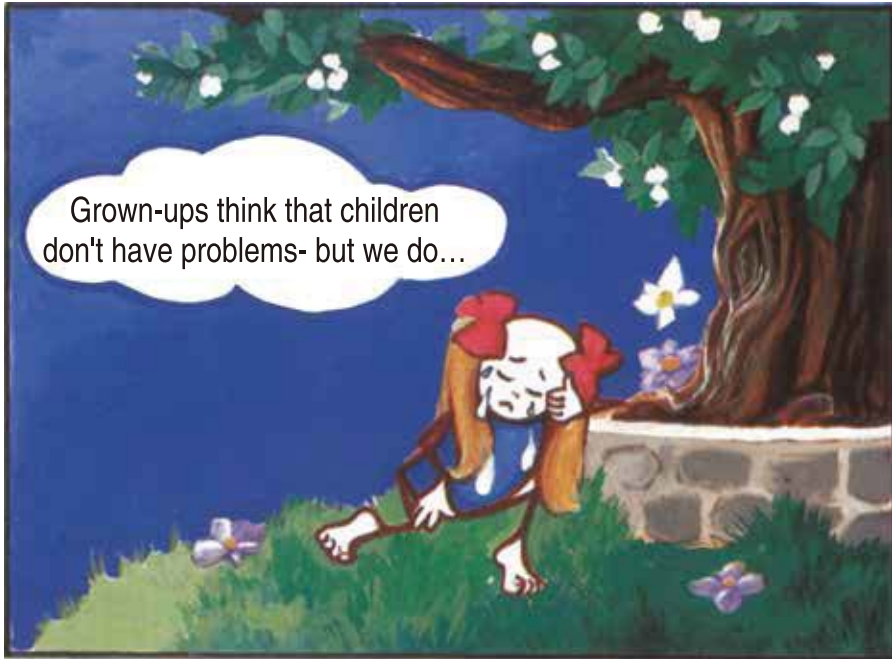


The Path of Joy

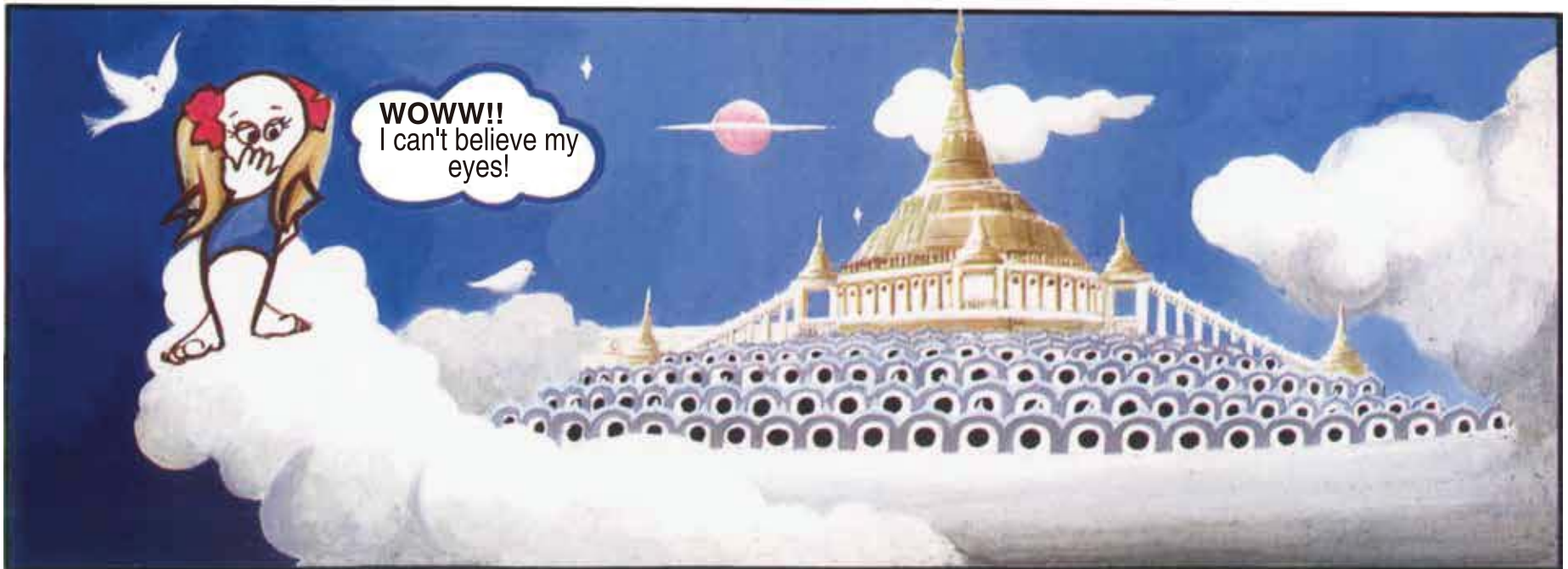
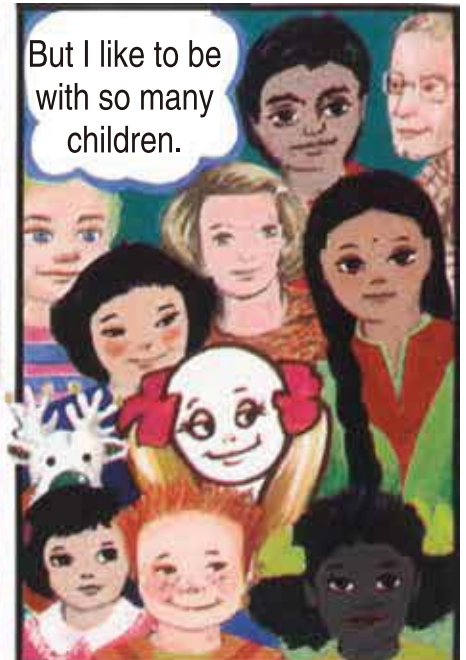
The Path of Joy

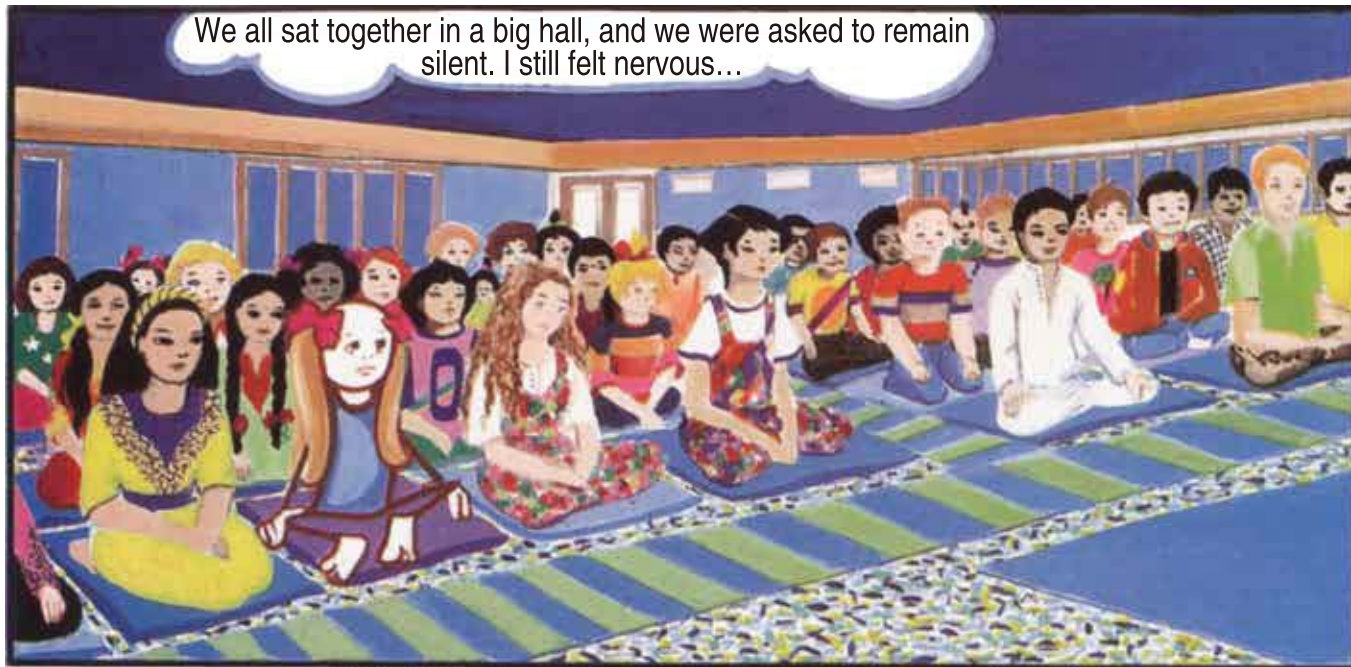


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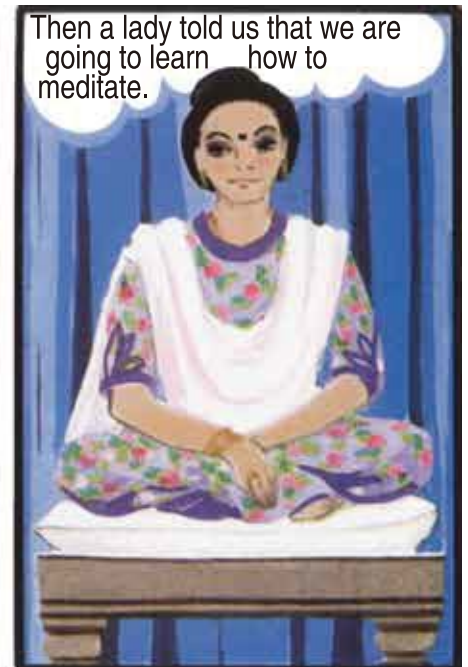








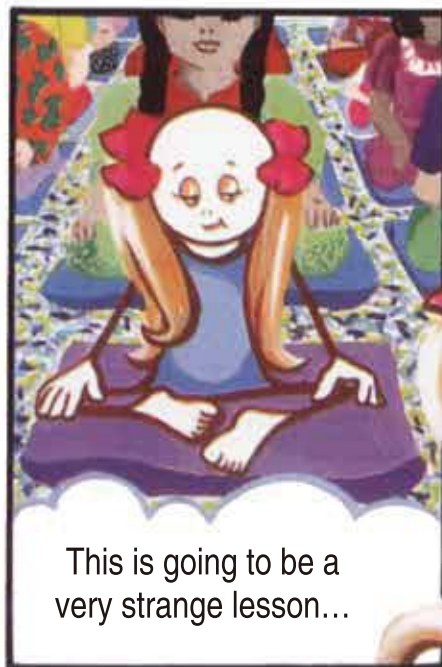
We all sat together in a big hall, and we were asked to remain silent. I still felt nervous...



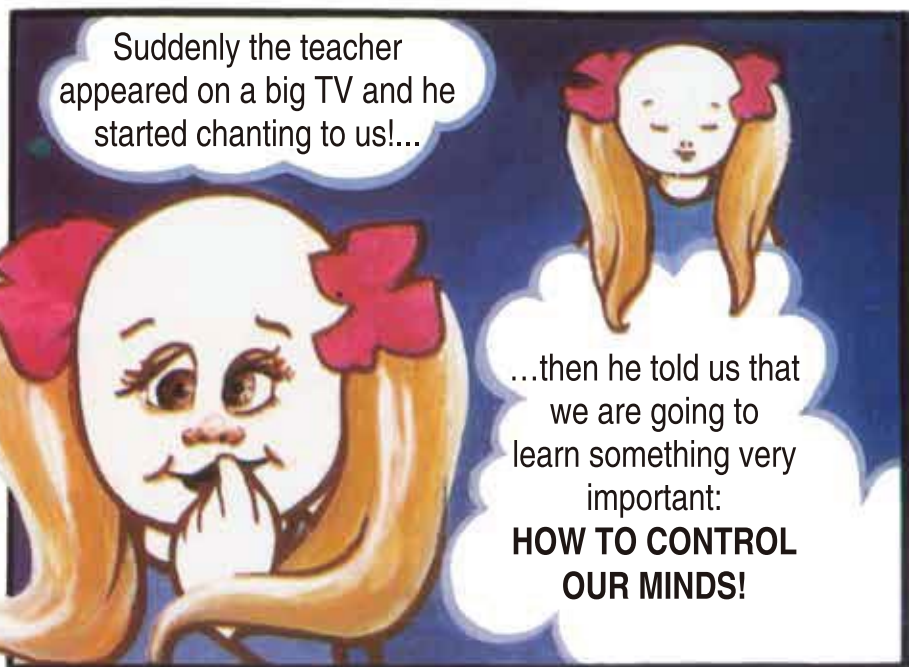
Then a lady told us that we are going to learn how to meditate.



How are we going to learn without a blackboard?

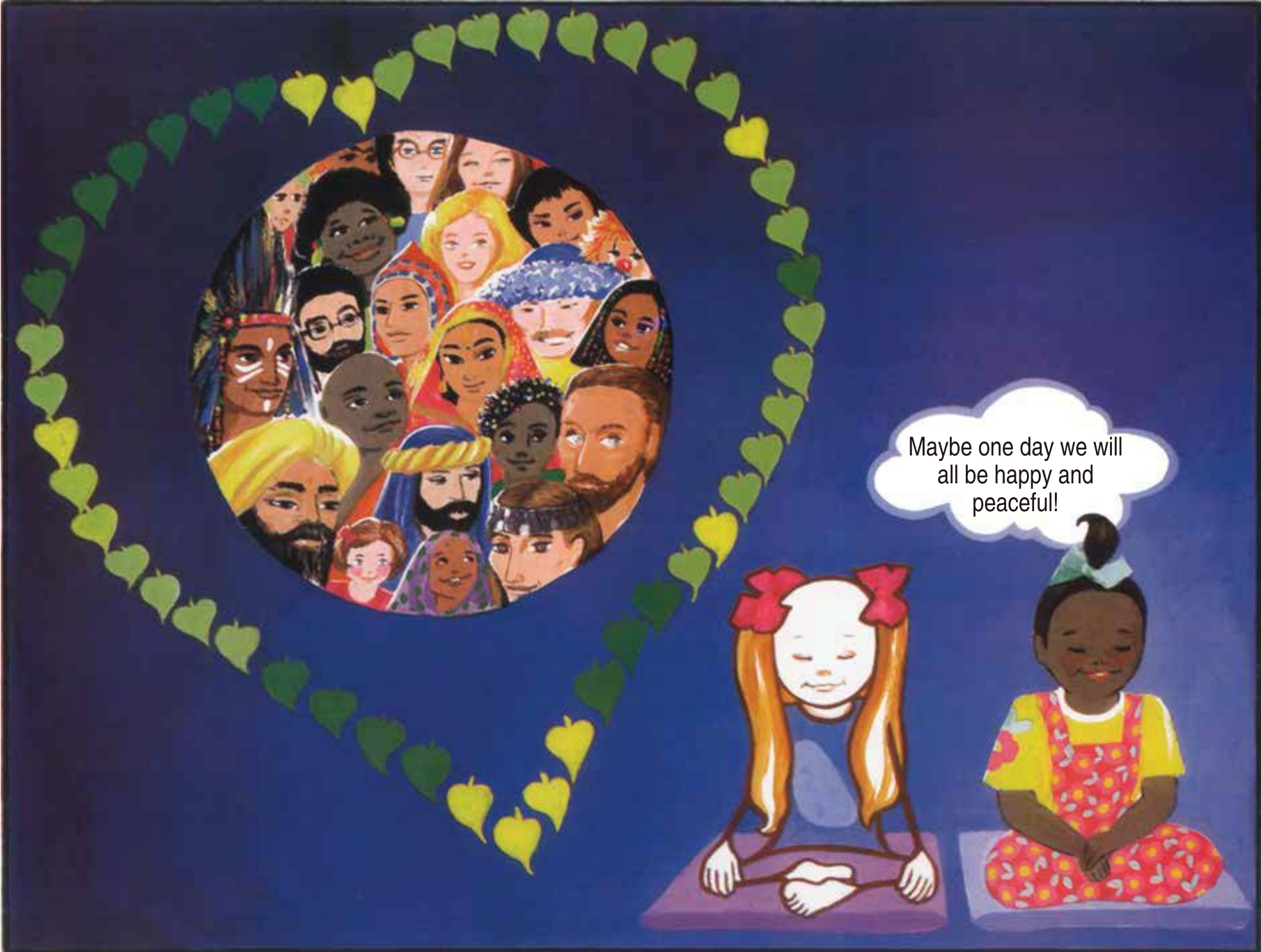


This is going to be a very strange lesson...



Suddenly the teacher appeared on a big TV and he started chanting to us!...

...then he told us that we are going to learn something very important:
HOW TO CONTROL OUR MINDS!





I'm so happy I came here!... My sister should come... and my brothers and my mummy and daddy...and my best friend... and...

...I'm going to practice!