

ORDER FORM

Vipassana Research Institute

ENGLISH PUBLICATIONS

E01 Sayagi U Ba Khin Journal

1991, 368 pages. Rs 385/-

“This journal commemorates Sayagi’s exemplary life and teachings. It contains his discourses, biographical sketches of his life and the lives of the teachers who preceded him as well as articles on various aspects of Vipassana.

E02 Essence of Tipitaka 1995, 232 pages. Rs 255/-

A concise guide to the voluminous teachings of the Buddha contained in the Pali Canon.

E03 The Art of Living 1988, 176 pages. Rs 110/-

A full-length study of the teaching of Vipassana useful both for meditators and non-meditators alike. Includes illustrative stories as well as answers to student’s questions that convey a vivid sense of the teaching.

E04 The Discourse Summaries

1987, 100 pages. Rs 115/-

“Summaries of the evening discourses by S. N. Goenka given during a 10-day course of Vipassana.

E05 Healing the Healer 1991, 32 pages. Rs 40/-

It describes the benefit of Vipassana to those who are serving in the medical profession.

E06 Come People of the World

1989, 48 pages. Rs 50/-

Translations of selected Hindi couplets from Goenkaji’s chantings.

E07 Gotama the Buddha: His Life & His Teaching

1992, 44 pages. Rs 75/-

“A brief sketch of the life and teaching of the Buddha and a description of the six historical Councils.

E08 The Gracious Flow of Dharm

1994, 80 pages. Rs 65/-

“Condensed from three-day public talks of S. N. Goenka explaining the true meaning of Dhamma (Dharma in Sanskrit), which has now been mistakenly used to refer to ‘sect’ or ‘sectarianism’. Goenkaji explains in detail how to live a good Dhammic life - a life full of peace and harmony through the practice of Vipassana.

E09 Discourses on Satipatthana Sutta

1999, 136 pages. Rs 100/-

“Evening discourses by S.N. Goenka during the 8-day course of meditation during which he expounds the Mahasatipatthana Sutta.

E10 The Wheel Of Dhamma Rotates (New)

2012, 368 pages. Rs 850/-

A concise informative compilation on the Vipassana Centres in India and around the world with pictures.

E11 Vipassana Its Relevance to the Present World

1994, 152 pages. Rs 165/-

A collection of papers presented at the International Seminar sponsored by V.R.I. in New Delhi in April 1994. The papers focus on Vipassana’s impact in the fields of education, prison reforms, improved management in business and Government.

E12 Dharm - Its True Nature

1995 86 pages. Rs 200/-

A collection of papers presented at the International Seminar sponsored by V.R.I. at Dhamma Giri, Igatpuri in May 1995.

E13 Vipassana - Addictions & Health, 1989

1990, 88 pages. Rs 155/-

A collection of papers presented at the International Seminar sponsored by V.R.I. at Dhammagiri, Igatpuri in 1989. It focuses on the beneficial effects of Vipassana on drug addicts and general health.

E14 The Importance of Vedana & Sampajanna,

1990 1990, 136 pages. Rs 165/-

This covers the important topic of the Buddha’s teaching ‘Vedana and Sampajanna’ in great detail.

E16 Pagoda Seminar, Oct. 1997

1998, 140 pages. Rs 80/-

The papers presented at the time of the foundation-stone laying ceremony of the Grand Vipassana Stupa being built near Mumbai.

E17 A Re-appraisal of Patanjali’s Yoga-Sutras

1995, 138 pages. Rs 155/-

“Patanjali, the author of Yoga Sutras wrote his scholarly works a few centuries after the Buddha, and has drawn heavily from the teachings of the Buddha. An in-depth study of the similarities and dissimilarities of the two.

E18 The Manuals Of Dhamma

1999, 296 pages. Rs.310/-

“This book contains the English translations of Venerable Ledi Sayadaw’s authoritative essays on the essence of Buddha’s teachings.

E19 Was the Buddha a Pessimist ?

2001, 76 pages. Rs 65/-

The Buddha was not a pessimist. This is explained in detail with examples.

E20 Psychological Effects of Vipassana on Tihar Jail

Inmates 1995, 60 pages. Rs 90/-

Vipassana has been adopted as a prison reform technique in the largest jail in India, the Tihar Jail. The book gives detailed report of the scientific studies carried out to assess the impact of Vipassana meditation on the prisoner’s mental health.

E21 Effect of Vipassana Meditation on Quality of Life

2002, 64 pages. Rs 100/-

“Research analysis and relevant statistics are covered in this study by Dr. Amulya Khurana and Prof. P. L. Dhar

E22 For the Benefit of Many

2002, 208 pages. Rs 220/-

This book contains a valuable compilation of Goenkaji’s talks and question-answer sessions.

E23 Manual of Vipassana Meditation (U Ko Lay)

2002, 132 pages. Rs 95/-

This book throws light on the scientific aspect of the Buddha’s Teaching.

E24 Realising Change 2003, 248 pages. Rs 245/-

This book featuring accounts by Vipassana practitioners leading everyday lives, aims to make Vipassana both better known and more clearly understood.

E25 The Clock of Vipassana Has Struck

2003, 248 pages. Rs 150/-

This volume celebrates Sayagi U Ba Khin’s exemplary life. It contains a collection of his writings and discourses, a biological sketch of his life and the lives of the teachers who preceded him, and is woven together with an extensive interview with his renowned disciple, S. N. Goenka.

E26 Meditation Now: Inner Peace Through Inner Wisdom

2003, 128 pages. Rs 125/-

“A collection of articles by Goenkaji commemorating his tour of North America in 2002 including The Universal Message of Peace (Millennium World Peace Summit, New York), The Meaning of Happiness (World Economic Forum, Davos, Switzerland) etc.

E27 S. N. Goenka at the United Nations

2003, 20 Pages, Rs. 55/-

Talks given by Goenkaji at United Nations on a) The Universal Dhamma. b) The subject which put the teaching of the historical Buddha in a modern perspective.

E32 The Caravan of Dhamma

2004, 192 pages, Rs. 110/-

“Diary of S. N. Goenka’s ‘Meditation Now’ Tour of Europe and North America, April 10 to August 15, 2002. This diary gives sprinkling details of this remarkable tour and merely gives glimpses of Goenkaji’s daily life on the tour.

E33 The Gem Set in Gold 2006, 128 pages, Rs. 150/-

“It is an English translation of all the Pali and Hindi

chantings in the ten-day Vipassana course and includes glossary of Pali words.

E34 Peace Within Oneself for Peace in the World

1998, 24 pages, Rs. 50/-

In this booklet Sri S.N. Goenka shows that unless one has peace within oneself there can be no peace in the world. He also shows here how peace within oneself can be attained by practicing vipassana.

E35 Mahasatipatthana Sutta (Pali - English)

1985, 112 pages. Rs 120/-

An annotated translation of ‘Mahasatipatthana Sutta’, the primary discourse in which the Buddha described the practice of meditation in detail.

E36 Pali Primer (Pali - Grammar)

1994, 164 pages. Rs 130/-

A guide to learn the Pali language.

E37 Key to Pali Primer (Pali - Grammar)

1998, 80 pages. Rs 65/-

“Gives answers to the test questions in ‘Pali Primer’ An aid in learning

E38 The Buddha’s Non-Sectarian Teaching

2007, 24 Pages, Rs. 40/-

Deals with this book the Buddha’s practical teaching of Vipassana Which is not only universal but also absolutely non-sectarian this technique of meditation is for all irrespective of casts, creed, religion, ethnic group and nationality.

E39 Acharya S. N. Goenka: An Introduction

2007, 24 Pages, Rs. 40/-

This book gives a brief life sketch of Acharya Satyanarayan Goenka and the honours he received from various countries.

E40 Value Inculcation Through Self-Observation

2007, 72 Pages, Rs. 60/-

“This book contains a detailed analysis on how Vipassana can play a beneficial role in the betterment of the current education system. It addresses all aspects of holistic education in detail and points out how education in human values can be given rationally by training the students to analyze themselves in a scientific manner, just as they are trained to analyze the world outside.

E42 Pilgrimage to the Sacred Land of Dhamma

2009, 150 pages, Rs. 1250/-

This book is a collection of beautiful photographs that were taken during several pilgrimages to Myanmar led by Acarya Satyanarayan Goenka. Besides an introduction to vipassana and an article on the significance of Pagoda it also has several other articles by Sri Satyanarayan Goenka.

E43 An Ancient Path 2009, 180 pages, Rs. 190/-

This book by Paul R. Fleishman is a collection of talks given to different audiences in different countries. These talks are given from vipassana point of view on subjects like mental health, mindfulness, karma and chaos etc.

E44 Vipassana Meditation and the Scientific World

View 2010, 36 pages, Rs. 40/-

This covers the important topic of Awareness of the meaning of the rising and passing of body sensations. it is established as the meditative gateway to the experience of reality, as defined both by the Buddha, and by the scientific world-view.

E45 The Path of Joy 1993, 42 pages, Rs. 200/-

It is a very useful book for teaching Ānāpān to the children through picture.

E46 The Great Buddha’s Noble Teaching’s (OSV)

Small 2011, 136 Pages, Rs. 285/-

The purpose of this book is to give a introduction about Vipassana meditation, quintessence of the Buddha’s teaching. It also contains information on life of the Buddha, stories of the people who benefitted

from the practice of Vipassana meditation.

E47 Vipassana Meditation & its Relevance to the World (Coffee Table) 2011, 156 pages, Rs. 800/-

A collection of papers presented at the International Seminar sponsored by V.R.I. in New Delhi in April 1994. The papers focus on Vipassana's impact in the fields of education, prison reforms, improved management in business and Government.

E48 The Great Buddha's Noble Teaching's (OSV) H.B. Big 2011, 256 Pages, Rs. 750/-

The purpose of this book is to give a brief introduction about Vipassana meditation, quintessence of the Buddha's teaching. It also contains information on life of the Buddha, stories of the people who benefitted from the practice of Vipassana meditation, six historical Councils, chain of teachers after the Buddha and spread of Vipassana through pictorial presentation.

E49 Chronicles Of Dhamma

2012, Pages 264, Rs. 260/-

'Chronicles of Dhamma' presents a selection of articles published in Vipassana Newsletters over the years. They are organized in broad thematic groups: such as 'Vipassana Teachings'; 'Messenger of Dhamma'; 'In the Footsteps of the Buddha'; 'Applied Dhamma'; and 'The Spread of Dhamma'.

E50 Views On Vipassana

2015, 96 Pages, Rs. 70/-

The seven articles are in this book i.e. What Senior Administrators say about Vipassana, What Muslims say about Vipassana, What Christians say about Vipassana, Vipassana in Government, Vipassana: An Art of Corporate Management, Drug addiction and therapy: A Vipassana Perspective and Vipassana in Prisons.

E51 Be Happy! 2015, 80 Pages, Rs. 320/-

The Life Story of Meditation Teacher S. N. Goenka.

E52 Three Important Papers: Defence Against External Invasion, How to Defend the Republic, Why was the Sakyani Republic Destroyed

2016, 48 Pages, Rs. 40/-

The three well researched papers by Goenkaji deal with how to defend external invasion, how to defend the republic as also how to deal with the causes that led to the destruction of the Sakyani republic. These are very good articles for researchers in history.

E53 Newsletter Collections Part 1

2016, Pages 152, Rs. 95/-

It contains selected articles written by Guruji and other meditators for the Vipassana Newsletter between July 1990 and Oct 1993. It contains some very good articles on Dhamma and on Sayagyi U Ba Khin. It also contains an account of Goenkaji's visit to Sri Lanka and his 1991 world tour.

E54 Newsletter Collections Part 2

2016, Pages 180, Rs. 120/-

It contains selected writings of Goenkaji and other meditators like Paul Fleishman that appeared in Vipassana Newsletter between Jan. 1994 and Dec. 1997. It contains an account of great teachers of Vipassana like Lady Sayadaw, Saya Thetji and U Ba Khin. It also has an article on Vipassana in prison.

E55 Newsletter Collections Part 3

2016, Pages 184, Rs. 115/-

It contains selected writings of Goenkaji and other meditators that appeared in Vipassana Newsletter between Jan. 1998 to Dec. 1999.

E56 Newsletter Collections Part 4

2017, Pages 208, Rs. 140/-

It contains selected writings of Goenkaji and other meditators that appeared in Vipassana Newsletter between Jan. 2002 to Dec. 2003.

E57 Dhamma Treasures (Living a Life Of Dhamma)

2019, Pages 344, Rs. 350/-

"Dhamma Treasures is a series of books containing primarily Goenkaji's articles/discourses on various aspects of Vipassana coupled with questions & answers and inspirational examples of senior meditators.

"Living a Life of Dhamma" is a first book in this series guiding students on how to apply Vipassana in daily life.

E58 The Buddha as Depicted in the Tipitaka Vol.-1

2019, Pages 344, Rs. 350/-

"Mr. S. N. Goenka, Principal Teacher of Vipassana meditation, faced some initial hesitation before joining his first Vipassana course due to indoctrination about the Buddha's teachings received by him since his childhood.

In the words of Mr. Goenka, "The Tipitaka is like a vast, captivating garden containing beautiful flowers of different hues and fragrances. I have plucked a few flowers from that garden and have woven them into a garland. This jeweled ornament has been fashioned by culling a few priceless gems from the vast ocean of the Dhamma".

E59 Newsletter Collections Part -5

2019, Pages 224, Rs. 160/-

It contains selected writings of Goenkaji and other meditators that appeared in Vipassana Newsletter between Jan. 2000 to Dec. 2001.

E60 The Buddha as Depicted in the Tipitaka Vol.-2

2019, Pages 344, Rs. 420/-

"Mr. S. N. Goenka, Principal Teacher of Vipassana meditation, faced some initial hesitation before joining his first Vipassana course due to indoctrination about the Buddha's teachings received by him since his childhood.

In the words of Mr. Goenka, "The Tipitaka is like a vast, captivating garden containing beautiful flowers of different hues and fragrances. I have plucked a few flowers from that garden and have woven them into a garland. This jeweled ornament has been fashioned by culling a few priceless gems from the vast ocean of the Dhamma".

E61 Kathāsallāpāsikkhā [Exercises in Pāli Conversation] 2021, Pages 180, Rs. 240/-

Hindi Publications

H01 Nirmal Dhara Dharam Ki

1995, 160 pages, Rs. 110/-

H02 Pravachan Saransh

1992, 112 pages, Rs. 70/-

H03 Jage Pavan Prerna

1994, 224 pages, Rs. 140/-

H04 Jage Anterbodh

1994, 190 pages, Rs. 110/-

H05 Dharam: Adarsh Jivan ka Aadhar

1996, 94 pages, Rs. 65/-

H10 Dharan Kare To Dharam

1999, 180 pages, Rs. 140/-

H11 Kya Buddha Dukkha Wadi The

2000, 88 pages, Rs. 75/-

H12 Mangal Jage Grihi Jivan Men

2000, 100 pages, Rs. 80/-

H13 Dhammavani Sangrah

2000, 82 pages, Rs. 65/-

H14 Vipassana Pagoda Seminar

2000, 186 pages, Rs. 150/-

H15 Suttasaar – 1

2001, 232 pages, Rs. 180/-

H16 Suttasaar – 2

2001, 204 pages, Rs. 110/-

H17 Suttasaar – 3

2001, 168 pages, Rs. 90/-

H18 Dhanya Baba (Atmakathan), by S. N. Goenka

2002, 130 pages, Rs. 58/-

H19 Kalyanmitra Satyanarayan Goenka - Vyaktitva and Krititva by B. K. Goenka

2002, 120 pages, Rs. 65/-

H20 Patanjali Yoga Sutra by S. N. Tandon

2003, 112 pages, Rs. 80/-

H21 Ahuneyya, Pahuneyya, Anjalikarniya – Dr. Om Prakashji by Laj and S. N. Tandon

2003, 70 pages, Rs. 40/-

H22 Raj Dharma [Some Historical Events]

2003, 84 pages, Rs. 45/-

H23 Atma-Kathan Part-1 2003, 112 pages, Rs. 55/-

H28 Anguttara Nikaya (Hindi Translation - Part I)

2004, 336 pages, Rs. 160/-

H29 Kendriya Kaargriha Jaipur, Vipassana Ka Pratham Jail Shivir

2005, 92 pages, Rs. 50/-

H30 Vipassana: Lokmat, Part-I

2005, 132 pages, Rs. 65/-

H31 Vipassana: Lokmat, Part-II

2005, 168 pages, Rs. 70/-

H32 Agrapal Rajvaidya Jivaka

2005, 40 pages, Rs. 30/-

H33 Ahimsa Kise Kahe?

2006, 32 pages, Rs. 30/-

H34 Samrat Ashok ke Abhilekh

2006, 168 pages, Rs. 125/-

H35 Pramukha Vipashyanacharya Satya Narayan Goenka ka Sankshipta Jivan-Parichaya

2006, 28 pages, Rs. 30/-

H36 Gautama Buddha: Jivan Paricaya aur Shiksha

2006, 36 pages, Rs. 50/-

H37 Lakuṇḍaka Bhaddiya

2006, 16 pages, Rs. 35/-

H38 Dhamma Vandana (Pali-Hindi)

2006, 104 pages, Rs. 90/-

H39 Dhammapada (Pali-Hindi)

2001, 100 pages, Rs. 55/-

H40 Mahasatipatthana Sutta (Samiksha and Translation)

1996, 140 pages, Rs. 90/-

H41 Mahasatipatthana Sutta (Translation)

1996, 64 pages, Rs. 40/-

H42 Bhagvan Buddha ki Sampradayika-Vihin Shiksha

2007, 20 pages, Rs. 20/-

H43 Tipitak Men Samyaka Sambuddha- Parts-1

2008, 152 pages, Rs. 75/-

H44 Tipitak Men Samyaka Sambuddha- Parts-2

2008, 188 pages, Rs. 115/-

H45 Tipitak Men Samyaka Sambuddha- Parts-3

2008, 196 pages, Rs. 90/-

H46 Tipitak Men Samyaka Sambuddha- Parts-4

2008, 176 pages, Rs. 75/-

H47 Tipitak Men Samyaka Sambuddha- Parts-5

2008, 188 pages, Rs. 80/-

H48 Tipitak Men Samyaka Sambuddha- Parts-6

2008, 206 pages, Rs. 85/-

H49 Buddhajivan Chitrali

2008, 64 pages, Rs. 330/-

H50 Kya Buddha Nastik The

2008, 228 pages, Rs. 100/-

H51 Mahamoggallan

2008, 104 pages, Rs. 50/-

H52 Mahamanav Buddha ki Mahan Vidya Vipassana ka Udgama Aur Vikas

2009, 260 pages, Rs. 625/-

H53 Mahamkassapa

2009, 68 pages, Rs. 45/-

H54 Mangal Hua Prabhat

1990, 274 pages, Rs. 200/-

H55 Mahamanav Buddha ki Mahan Vidya Vipassana ka Udgama Aur Vikas

2010, 136 pages, Rs. 210/-

H56 Anathapindik

2010, 112 pages, Rs. 50/-

H57 Kisagotmi

2010, 40 pages, Rs. 35/-

- H58 Chitta Grihapati and hatthaka Alavak** 2010, 60 pages, Rs. 35/-
- H59 Khushiyo Ki Rah** 1993, 40 pages, Rs. 225/-
- H60 Prarambhik Pali (Pali Primer ka hindi anuvad)** 2011, 150 pages, Rs. 110/-
- H61 Prarambhik Pali ki Kunji (Key to Pali Primer ka hindi anuvad)** 2011, 72 pages, Rs. 80/-
- H62 Visākhā Migāramātā** 2011, 76 pages, Rs. 45/-
- H63 Magadharāja Seniya Bimbisāra** 2010, 116 pages, Rs. 55/-
- H64 Buddhasahassanāmāvalī (Pali-Hindi)** 2010, 70 pages, Rs. 35/-
- H65 Ananda – Bhagwan Buddha ke Upasthak** 2011, 224 pages, Rs. 100/-
- H66 Jine Ki Kala** 2011, 180 pages, Rs. 125/-
- H67 Param Tapsvi Shri Ramsinghji** 2011, 144 pages, Rs. 110/-
- H68 Bhagwan Buddha Ki Agra-upasikayen Khujjuttara Evam Samavati Tatha Uttaranandmata** 2011, 44 pages, Rs. 35/-
- H69 Tikapaṭṭhān (Sankshipta Rūparekhā)** 2012, 64 pages, Rs. 40/-
- H70 Ādarṣa Dampati Nakulpitā and Nakulmatā** 2012, 28 pages, Rs. 25/-
- H71 Vipasyanā Patrikā Saṅgraha Part 1** 2012, 218 pages, Rs. 80/-
- H72 Vipasyanā Patrikā Saṅgraha Part 2** 2012, 208 pages, Rs. 75/-
- H73 Bāhiya Dārūcīriya evaṃ Kuṇḍalakesā** 2013, 44 pages, Rs. 30/-
- H74 Rāhula evaṃ Raṭṭhapāla** 2013, 64 pages, Rs. 40/-
- H75 uṇṇa Mantāṇiputta evaṃ Dhammadinnā** 2013, 48 pages, Rs. 30/-
- H76 Bhagavan Buddha ke Agrasravaka Sariputta** 2013, 152, pages, Rs. 65/-
- H77 Burma men likhi Gayi Meri Kavitaen** 2013, 196 pages, Rs. 300/-
- H78 Soṇa Koḷivisa evaṃ Soṇā** 2013, 36 pages, Rs. 30/-
- H79 Bhagavana Buddha ke Mahāsrāvaka Ayushamān Aniruddha** 2013, 48 pages, Rs. 55/-
- H80 Rahulmātā (Yashodharā)** 2014, 48 pages, Rs. 35/-
- H81 Vipasyana Patrika Sangraha Part 3** 2014 pages, 172, Rs. 74/-
- H82 Vipasyana Patrika Sangraha Part 4** 2014 pages, 200, Rs. 84/-
- H83 Khemā and Uppalavaṇṇā** 2014 pages, 48, Rs. 30/-
- H84 Paṭācārā and Bhaddā Kāpilānī** 2014 pages, 44, Rs. 30/-
- H85 Vipasyana Patrika Sangraha Part - 5** 2015, 206 pages, Rs. 80/-
- H86 Vipasyana Patrika Sangraha Part - 6** 2015, 220 pages, Rs. 85/-
- H87 Atma-Kathan Part - 2** 2016, 192 pages, Rs. 100/-
- H88 Mahāpajāpati Gotamī** 2015, 44 pages, Rs. 30/-
- H89 Cār Mahatvapūrṇa Lekha: Lok Guru Buddha, Desh Ki Bahya Surksha, Ganrajya Ki Suraksha Kaise Ho!, Shakyon Aur Koliyon Ke Gantantra Ka Vinash Kyo Huva?** 2016, 60 pages, Rs. 60/-
- H90 Vipasyana Patrika Sangraha Part 7** 2016, 252 Pages, Rs. 100/-
- H91 Mettāvihārini Mataji** 2016, 130 Pages, Rs. 80/-
- H92 Bhagavan Buddha ke Mahasravak Upālī** 2017, 44 Pages, Rs. 30/-
- H93 Magadhanaresh vaidehīputta Ajātasattu** 2017, 60 Pages, Rs. 40/-
- H94 Vipasyana Patrika Sangraha Part 8** 2017, 256 Pages, Rs. 110/-
- H95 Pātañjala Yoga Eka Sārvajanika Pravacana** 2017, 32 Pages, Rs. 30/-
- H96 Aññāsikoṇḍaṇḍā** 2017, 32 Pages, Rs. 30/-
- H97 Sukhī ho** 2017, 84 Pages, Rs. 130/-
- H98 Kosalraj Pasendi (Koshalraj Prasenjit)** 2018, 104 Pages, Rs. 55/-
- H99 Vipasyana Patrika Sangraha Parts 9** 2018, 264 Pages, Rs. 120/-
- H100 Mahakappina Thera** 2018, 24 Pages, Rs. 30/-
- H101 Suttanipata-Atthakathā Part -1 (Paper Back)** 2019, 296 Pages, Rs. 300/-
- H102 Suttanipata-Atthakathā Part -1 (Hard Bound)** 2019, 296 Pages, Rs. 450/-
- H103 Pūjya Guruji evaṃ Mātājī ke Bāre men Sādhakonke Sansmaraṇa** 2019, 208 Pages, Rs. 100/-
- H104 Sayagi U Ba Khin Journal** 2020, 312 Pages, Rs. 270/-
- H105 Swarnjatit Ratn** 2020, 128 Pages, Rs. 75/-
- H106 Ghar-Ghar Men Pali** 2020, 100 Pages, Rs. 65/-
- H107 Vipasyana Patrika Sangraha Parts 10** 2021, 280 Pages, Rs. 150/-
- H108 Saral Pali Vyakran** 2021, 126 Pages, Rs. 75/-
- H110 Kumar Kassap** 2022, 36 Pages, Rs. 45/-
- H111 Suttanipata-Atthakathā Part -2 (Paper Back)** 2022, 490 Pages, Rs. 590/-
- H112 Suttanipata-Atthakathā Part -2 (Hard Bound)** 2022, 490 pages, Rs. 890/-
-
- Marathi Publications**
-
- M01 Jagnyachi Kala** 1992, 194 pages, Rs. 100/-
- M02 Jage Pavan Prerna** 1994, 226 pages, Rs. 90/-
- M03 Pravachan Saransh** 1998, 104 pages, Rs. 45/-
- M04 Dharam Adarsh Jivan Jagnyacha Aadhar** 2007, 104 pages, Rs. 50/-
- M05 Jage Antarbodh** 2001, 180 pages, Rs. 65/-
- M06 Nirmal Dhara Dharamachi** 2004, 124 pages, Rs. 75/-
- M07 Mahasatipatthana Sutta (Samikasha)** 2006, 78 pages, Rs. 65/-
- M08 Mahasatipatthana Sutta (Anuvad)** 2006, 80 pages, Rs. 45/-
- M09 Mangalmaya Grahastha Jivan** 2006, 100 pages, Rs. 40/-
- M10 Bhagvan Buddhachi Sampradayikta Vihin Shikvanuk** 2008, 20 pages, Rs. 25/-
- M11 Buddhajivan Chitravali** 2008, 76 pages, Rs. 330/-
- M12 Anandachya Vatevar** 1993, 48 pages, Rs. 150/-
- M13 Atma-Kathan, Part-1** 2010, 128 pages, Rs. 65/-
- M14 Agrapal Rajvaidya Jivaka** 2010, 30 pages, Rs. 35/-
- M15 Mahamanav Buddhanchi Mahan Vidya Vipassana: Ugama Ani Vikas** 2011, 136 pages, Rs. 190/-
- M16 Lokguru Buddha** 2011, 12 pages, Rs. 10/-
- M17 Lakunḍaka Bhaddiya** 2011, 16 pages, Rs. 12/-
- M18 Pramukha Vipashyanacharya Satyanarayan Goenka Yancha Sankshipta Jivan-Parichaya** 2011, 32 pages, Rs. 30/-
- M19 Bhagavan Buddha ke Agrasravika Kisagotmi** 2013, 40 pages, Rs. 30/-
- M20 Visakha Migaramata** 2013, 80 pages, Rs. 40/-
- M21 Bhagavan Buddha ke Agraupasak Anathapindika** 2013, 112 pages, Rs. 55/-
- M22 Chitta Grihapati and hatthaka Alavaka** 2013, 60 pages, Rs. 30/-
- M23 Dhammapada (Pali-Marathi)** 2013, 104 pages, Rs. 50/-
- M24 Magadharāja Seniya Bimbisāra** 2014, 120 pages, Rs. 50/-
- M25 Mahamanav Buddhanchi Mahan Vidya Vipassana: Ugama Ani Vikas** 2015, 260 pages, Rs. 525/-
- M26 Prarambhik Pali (Pali Primer ka Marathi anuvad)** 2015, 156 Pages, Rs. 65/-
- M27 Prarambhik Pali ki Kunji (Key to Pali Primer ka Marathi anuvad)** 2015, 80 Pages, Rs. 40/-
- M28 Bhagavan Buddha ke Mahasravak Mahamkassapa** 2015, 64 Pages, Rs. 35/-
- M29 Kya Buddha Dukhavadi The** 2015, 88 Pages, Rs. 70/-
- M30 Bhagavan Buddha ke Agrasravak Mahamoggalan** 2015, 100 Pages, Rs. 45/-
- M31 Dhanya Baba** 2017, 134 Pages, Rs. 55/-
- M32 Adarsa Dampati Nakulpita and Nakulmata** 2017, 28 Pages, Rs. 25/-
- M33 Khemā and Uppalavaṇṇā** 2018 pages, 40, Rs. 30/-
- M34 Rāhula evaṃ Raṭṭhapāla** 2018, 64 pages, Rs. 40/-
- M35 Sukhi hva!** 2019, 80 pages, Rs. 115/-
- M36 Rahulmātā (Yashodharā)** 2019, 40 pages, Rs. 30/-
- M37 Ananda – Bhagwan Buddha ke Upasthak** 2019, 216 pages, Rs. 90/-
- M38 Bāhiya Dārūcīriya evaṃ Kuṇḍalakesā** 2019, 32 pages, Rs. 30/-
- M39 Paṭācārā and Bhaddā Kāpilānī** 2021 pages, 36, Rs. 40/-
- M40 Atma-Kathan Part - 2** 2021, 192 pages, Rs. 110/-
- M41 Soṇa Koḷivisa evaṃ Soṇā** 2021, 24 pages, Rs. 35/-
- M42 Raj Dharma [Some Historical Events]** 2003, 90 pages, Rs. 70/-
- M43 Puṇṇa Mantāṇiputta evaṃ Dhammadinnā** 2022, 40 pages, Rs. 45/-
- M44 Bhagavan Buddha ke Agrasravaka Sariputta** 2022, 144, pages, Rs. 100/-
-
- Gujrati Publications**
-
- G01 Pravachan Saransh** 1995, 84 pages, Rs. 60/-
- G02 Vipassana Sha Mate? (Booklet)** 8 pages, Rs. 2/-
- G03 Dharam: Aadarsh Jivnano Aadhar** 2004, 120 pages, Rs. 70/-
- G04 Mahasatipatthana Sutta (With Translation)** 2001, 58 pages, Rs. 75/-
- G05 Jage Antarbodh** 2001, 206 pages, Rs. 140/-

- G06 Dharan Kare To Dharmā**
2001, 192 pages, Rs. 80/-
- G07 Jage Pavan Prerna**
2004, 222 pages, Rs. 105/-
- G08 Kya Buddha Dukkhwadi The?**
2004, 76 pages, Rs. 55/-
- G09 Nirmal Dhara Dharam Ki**
2004, 160 pages, Rs. 70/-
- G10 Mangal Jage Grihi Jivan Men**
2004, 112 pages, Rs. 55/-
- G11 Buddhajivan Chitravali**
2008, 72 pages, Rs. 330/-
- G12 Lok Guru Buddha**
2008, 16 pages, Rs. 15/-
- G13 Bhagvan Buddha ki Sampradayikta-Vihin Shiksha**
2010, 20 pages, Rs. 35/-
- G14 Samrat Ashok ke Abhilekh**
2012, 166 pages, Rs. 75/-
- G15 Khushiyo Ki Rah**
2015, 48 pages, Rs. 150/-
- G16 Atma-Kathan, Part-1**
2018, Pages 120, Rs. 60/-
- G17 Rajdharm [Some Historical Events]**
2018, 80 pages, Rs. 55/-
- G18 Pātāñjala Yoga Eka Sārvajanika Pravacana**
2018, Pages 32, Rs. 30/-
- G19 Jine Ki Kala**
2021, 256 pages, Rs. 195/-
- G20 Atma-Kathan Part - 2**
2022, 196 pages, Rs. 160/-

Bengali Publications

- B01 Pravachan Saransh,**
2007, 136 pages, Rs. 65/-
- B02 Dharam: Adarsh Jivan ka Adhar**
2008, 124 pages, Rs. 60/-
- B03 Mahasatipatthana Sutta**
2011, 200 pages, Rs. 90/-

Punjabi Publications

- P01 Dharam: Adarsh Jivan ka Aadhar**
2012, 114 pages, Rs. 50/-
- P02 Nirmal Dhara Dharam Ki**
2012, 168 pages, Rs. 70/-
- P03 Mangal Jage Grihi Jivan Mein**
2014, 112, pages, Rs. 50/-
- P04 Kisagotmi**
2014, 40, pages, Rs. 30/-

Rajasthani Publications

- R02 Jago Loga Jagat Ra**
1988, 260 pages, Rs. 45/-
- R03 Paribhasha Dharam Ri**
2006, 36 pages, Rs. 10/-

Malayalam Publications

- Mal 01 Pravachan-Saransh**
2008, 110 pages, Rs. 45/-
"Summaries of the evening discourses by S. N. Goenka given during a 10-day course of Vipassana.
- Mal 02 The Gracious Flow of Dharm**
2010, 104 Pages, Rs. 60/-
"Condensed from three-day public talks of S. N. Goenka explaining the true meaning of Dhamma (Dharma in Sanskrit), which has now been mistakenly used to refer to 'sect' or 'sectarianism'. Goenkaji explains in detail how to live a good Dhammic life - a life full of peace and harmony through the practice of Vipassana.
- Mal 03 Mahasatipatthana Sutta**
2021, 176 pages, Rs. 165/-

Tamil Publications

- T01 The Art of Living by William Hart**
2003, 182 pages, Rs. 135/-
A full-length study of the teaching of Vipassana useful

both for meditators and non-meditators alike. Includes illustrative stories as well as answers to student's questions that convey a vivid sense of the teaching.

- T02 The Discourse Summaries**
2005, 108 pages Rs. 60/-
"Summaries of the evening discourses by S. N. Goenka given during a 10-day course of Vipassana.

- T03 The Gracious Flow of Dhamma**
2005, 100 pages Rs. 55/-
"Condensed from three-day public talks of S. N. Goenka explaining the true meaning of Dhamma (Dharma in Sanskrit), which has now been mistakenly used to refer to 'sect' or 'sectarianism'. Goenkaji explains in detail how to live a good Dhammic life - a life full of peace and harmony through the practice of Vipassana.

Telugu Publications

- TL01 Mangal Jage Grihi Jivan Men**
2007, 120 pages, Rs. 55/-
It is explained in this book, based on the teaching of the Buddha, how harmony can be established in the house holder's life.

Urdu Publications

- Ur01 Jine ka Hunar**
2009, pages 218, Rs. 75/-

Others Publications

- OT01 The Global Pagoda Souvenir 29 Oct.2006 (English & Hindi)**
2006, 256 pages, Rs. 60/-
This souvenir brought out in 2006 contains several very important articles, one being the excerpts of Goenkaji's message to meditators in the one-day course at the Globla Pagoda on oct 1, 2006 the first ever course within the completed main dome.

- OT02 Vishva Vipassana Stup ka Sandesh (Hindi, Marathi, English)**
2009, 32 pages, Rs. 35/-

- OT03 The Path of Joy (German)**
1993, 44 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

- OT04 The Path of Joy (Italian)**
1993, 44 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

Portuguese Publications

- Por01 The Path of Joy**
2013, 48 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

Duch Publications

- Du01 The Path of Joy**
1993, 48 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

French Publications

- F01 Gotama the Buddha : His Life and His Teaching**
2004, 58 pages, Rs. 50/-
"A brief sketch of the life and teaching of the Buddha and a description of the six historical Councils.

- F02 Meditation Now: Inner Peace Through Inner Wisdom**
2004, 152 pages, Rs. 80/-
"A collection of articles by Goenkaji commemorating his tour of North America in 2002 including The Universal Message of Peace (Millennium World Peace Summit, New York), The Meaning of Happiness (World Economic Forum, Davos, Switzerland) etc.

- F03 Path Of Joy**
1993, 48 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

- F04 Pour Le Bien Du Plus Grand Nombre (French) (For the Benefit of Many)**
2011, 208 pages, Rs. 235/-
This book contains a valuable compilation of Goenkaji's

talks and question-answer sessions.

- F05 The Discourse Summaries**
2016, 128 pages, Rs. 105/-
"Summaries of the evening discourses by S. N. Goenka given during a 10-day course of Vipassana.

- F06 Discourses on Satipaṭṭhāna Sutta**
2016, 140 pages, Rs. 115/-
"Evening discourses by S.N. Goenka during the 8-day course of meditation during which he expounds the Mahasatipatthana Sutta.

- F07 Mahāsatiṭṭhāna Sutta**
2016, 116 pages, Rs. 100/-
An annotated translation of 'Mahasatipatthana Sutta', the primary discourse in which the Buddha described the practice of meditation in detail.

- F08 The Clock of Vipassana Has Struck**
2016, 264 pages, Rs. 210/-
This volume celebrates Sayagi U Ba Khin's exemplary life. It contains a collection of his writings and discourses, a biological sketch of his life and the lives of the teachers who preceded him, and is woven together with an extensive interview with his reknowned disciple, S.N.Goenka.

- F09 Come People of the World**
2015, 32 pages, Rs. 50/-
Translations of selected Hindi couplets from Goenkaji's chantings.

- F10 Soyez Heureux (Be Happy)**
2018, 84 Pages, Rs. 275/-
The Life Story of Meditation Teacher S. N. Goenka.

Spanish Publications

- SP01 Para Beneficio De Muchos (For the Benefit of Many)**
2006, 344 pages, Rs. 190/-
This book contains a valuable compilation of Goenkaji's talks and question-answer sessions.

- SP02 El arte de vivir (The Art of Living)**
2009, 238 pages, Rs. 130/-
A full-length study of the teaching of Vipassana useful both for meditators and non-meditators alike. Includes illustrative stories as well as answers to student's questions that convey a vivid sense of the teaching.

- SP03 The Path of Joy**
1993, 40 pages, Rs. 300/-
It is a very useful book for teaching Ānāpān to the children through picture.

Pali Verses by Shri S. N. Goenka (Books)

- BU01 Buddhasahassanamavali (Pali)**
1998, 64 pages, Rs. 15/-
Mr. S. N. Goenka-ji creativity in composing verses in Hindi and Rajasthani arose and along with it arose the Dhamma inspiration to compose verses in Pali. Thus he has written Buddha's name in Pali verses. There are thousand name of the Buddha.

- BU02 Buddhasahassanamavali (Roman), (Myanmar), (Cambodian), (Thai), (Sri Lankan), (Mongolian)**
1998, 64 pages, Rs. 15/-
Mr. S. N. Goenka-ji creativity in composing verses in Hindi and Rajasthani arose and along with it arose the Dhamma inspiration to compose verses in Pali. Thus he has written Buddha's name in Pali verses. There are thousand name of the Buddha.

- BU08 Buddhagunagathavali (Devanagari), (Roman), (Myanmar)**
1999, 170 pages, Rs. 30/-
Mr. S. N. Goenkaji has written Buddha's qualities in Pali verses. He has honoured the Buddha, in great reverence, by composing one thousand verses, extolling the many attributes, virtues of the Buddha. For easy and felicitous recitation, each stanza is composed of four lines, each line being made up of eight words.