

Dhamma Birāṭa

Purwanchal Vipassana Centre, Phulbari Tole, South of Bus Park,
Ithari-7, Sunsari, Nepal Tel: [977] (25) 585521

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Dhamma Birāṭa, meaning ‘Colossal of Dhamma’, is near Biratnagar city in the eastern region of Nepal. It bears the name of king Birat of the Mahabharat period. Established in 1999, the Centre is in a town called Ithari on East-West high way, between the two major cities of Dharan and Biratnagar of the eastern region.

Built on one acre land, to be enlarged to two acres in the near future, Dhamma Birāṭa serves not only the eastern region of Nepal but also North Bengal in India (Silguri and Darjeeling) and north eastern Bihar (Purnea, Saharsha, Bhagalpur etc). The languages of instruction and discourses in courses are Hindi and Nepali.

Minimum facilities were completed and the first course in the Centre was held in March 2003 for 50 students. Present maximum capacity is 50. Around 30 to 50 students attend 10-day courses. The Dhamma hall, that can seat 100, has its northern and southern ends reserved for constructing 24 cells to be built in the near future.

Future expansion plans include facilities for serving up to 75 students for 10-day courses and 32 long course students. Presently six courses are being conducted a year which will be increased progressively and by 2008, 12 ten-day courses will be conducted per year.