Dhamma Manohara

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Dhamma Manohara, meaning 'Beautiful and Captivating in Dhamma (pleasing to the mind and inducing mental tranquility)', is situated in Thanbyu-zayet, a town by the bank of Sanlween River, Mon State .It is 40 miles from Moulmein town and 15 miles from Kyaikhami Pagoda. Established in the year 2000, the Centre is yet to be built. Off - centre 10-day Vipassana courses and Anapana courses for children are being held yearly at Thaaaanbyu-zayet town.