

Dhamma Ratana

Dhamma Ratana Vipassana Centre, OKPO monastery, Myoma Qr, Mogok, Myanmar.

Ph: 95-9-9031861, 95-9-69700840

e-mail: gemmogok@myanmar.com.mm



Dhamma Ratana, meaning 'Jewel of Dhamma', is situated in the OKPO Monastery in Mogok, Mandalay division. Mogok is well known as the land of rubies. Goenkaji and Mataji gave Anapana instructions in the first course in this Centre in 1996, and from then on, course after course is being held here regularly. Dormitory-type of accommodation is available for 40 male and 40 female students. The Dhamma Hall can seat 80 students. Sangha courses (exclusive courses for monks) are also held at the Centre, besides 10-day courses, courses for old students and Anapana courses for children.