

Dhamma Pabhā

Vipassana Meditation Centre Tasmania
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Dhamma Pabhā, meaning 'Radiance of Dhamma', is nestled in a forest on the slopes of Mt Dromedary, 40 minutes by road from Hobart in Tasmania. The tall trees and the bushland setting are far from the noises of civilization, trains or traffic, the only sounds being those of the native wildlife.

After twelve years of holding courses at hired campsites, the first course was held in Dhamma Pabhā, in December 1994, using temporary facilities. From that start, facilities have been improved and include a warm and comfortable meditation hall for 30 students, kitchen and office. Recent additions are the male and female student's accommodation blocks, with six single rooms in each. The current building project is to complete another male and female single-room accommodation block by the end of 2005. The next project to start in the near future is constructing a dining hall.

Annually, around eight 10-day courses are held, as well as periodic Satipaṭṭhāna and 20-day courses.

Despite Tasmania's isolation and small population, a dedicated group of Vipassana students are building a peaceful sanctuary of Dhamma in the forest here.