

Dhamma Patākā
(Rustig) Brandwacht,
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Dhamma Hall of Dhamma Patākā

Dhamma Patākā, meaning ‘flag of Dhamma’, is the first Vipassana Centre to be established in Africa. Located in 7.5 hectares of land that is abundant with trees and water, the Centre rests amid a mountain range that has its impressive peak Audenberg as the rear view of the property. The site was originally a holiday resort known as ‘Rustig’ (meaning ‘peaceful’ in Afrikaans).

Offering regular new and old students courses since being operational from February 2005, Dhamma Patākā is 130 km from Cape Town, Western Cape Province, just off the N1 Cape Town-Johannesburg highway, and 7 km up a tarred road from Worcester, a medium-sized town with excellent infrastructure and necessary facilities.

With 12 chalets, a large farmhouse as the Dhamma Hall, two residences for teachers, Dhamma servers and segregated dining halls, Dhamma Patākā can accommodate around 60 students.