Schedule of Vipassana Courses

For worldwide schedule of courses, visit: www.dhamma.org

All courses are conducted by assistant teachers appointed by S. N. Goenka. Please send the application form to the course organisers only after reading the Code of Discipline so that a place may be reserved for you.

One and 3-day courses and Group Sittings are for old students who have completed a 10-day course with Goenki or his authorised assistants. Satipattheva courses marked **ST** end on the evening of the last day and are for students who have completed at least three 10-day courses and are practising regularly for the last one year.

**Long Courses:** (Please give special application forms from centres)

- **10-day and Special 10-day course:** any)

**20-day:** 2020-12-01 to 2020-12-20

**60-day:** 2020-12-01 to 2020-12-20

**Special 10-day:** 2020-12-01 to 2020-12-20

**15-Day Gratitude Course**

- (Only male)

**Mimi anapana for Visitors**

- (Only female)

**Mini anapana, Hindi/Eng**

- (Only female)

**15-20 Day Course**

- (Only female)

**Long Course:** 2020-2-20 to 2020-3-9

**20-day:** 2020-2-20 to 2020-3-9

**60-day:** 2020-2-20 to 2020-3-9

**Special 10-day:** 2020-2-20 to 2020-3-9

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Contact: 1. Sukhadee Naravane, Mob. 9422129229. Kamlesh Chahande, Mob. 9371043053.

Dhamma Gond, Gondola (Ozatola)


Dhamma Jhalgaon, Jhalkon


Dhamma Joshi, Dhamma Joshi


Dhamma Kandhera, Dhamma Kandhera

Dharamkot, McLeodganj,
Bada, Mandvi-Kutch-370475. Mob,
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com,  
Vipassana Sadhana Sansthan,
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Teenagers' Course:
Dhariwal, Mob. 098290-28275,
2-7 to 2-8,
9416303639.
Tel: (145) 2780570.


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