

CIRCULAR

No. Vipassana/work/1996-5
Office of the Inspector General
of Prisons, PUNE-1
Dated: 27th March, 1996.

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Recently Vipassana Meditation Course was organised for 100 prisoners in Central jail at Nasik Road. It is noticed that this Vipassana Meditation Course has successfully brought about mental purification amongst these prisoners.

2. Vipassana Meditation enables one to attain mental purification. Vipassana is an instrument which through self observation brings about mental purification in the mind which polluted by craving, aversion and detachment. It is, therefore, necessary that such Vipassana Meditation Courses are organised for prisoners, employees and officers in other prisons also. For organising Vipassana Courses in prisons please get in touch with Vipassana International Academy, Dhammagiri, Igatpuri-422 403, Nasik and obtain relevant information and extent all possible cooperation to the said institution for organising Vipassana courses in jails.

3. After organising Vipassana Meditation Courses report should be sent to this office.

Sd/-

(M.G.NARAVANE)
Inspector General of Police,
Maharashtra State, Pune.

copy to: all Superintendents of Prisons.

copy to: Vishwa vidyalaya dhammagiri, Igatpuri-422403
Nasik, Maharashtra.

Kind attention: to Shri R.S.Goenka