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प्रशासन अकादमी  
मध्य प्रदेश

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ACADEMY OF ADMINISTRATION  
MADHYA PRADESH  
BHOPAL

क्रमांक 2856 / अका/प्राश/कवि/99  
प्रति,

भोपाल, दिनांक 27.5.99

सांचव,  
म.प्र. विपश्यना समिति,  
भोपाल।

विषय:- विपश्यना प्रशिक्षण के बारे में।

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म.प्र. प्रशासन अकादमी पिछले 2 वर्षों से विपश्यना  
प्रदत्तित्व पर आधारित "तनाव प्रबंधन एवं आत्म विकास" विषयक  
प्रशिक्षण कार्यक्रम शासकीय स्तरों के लिए आयोजित कर रही है।  
इस प्रशिक्षण कार्यक्रम की अवधि 12 दिवस की है। शासकीय स्तरों  
को जिन्हें किमान द्वारा नामांकित किया जा रहा है उनसे प्रशिक्षण  
शुल्क के रूप में 2500/- रुपये की राशि ली जाती है तथा वे  
नामांकित अधिकारी प्रशिक्षण अवधि में कर्तव्य स्थल पर उपस्थित  
माने जाते हैं इनके लिए इन्हें इकाई से कोई आवेदन देने की आवश्यकता  
नहीं होती। इन प्रशिक्षण कार्यक्रमों का आयोजन म.प्र. विपश्यना  
संस्थान के सहयोग से ही किया जा रहा है।

(NOMINATED)

(ON DUTY)

26/5/99  
कदोन्द्र कियावत  
संयुक्त संचालक प्राशि.

Academy of Administration

Madhya Pradesh - Bhopal

Sl. No. 2856 / AK / PR / KK / 99

Bhopal, dated 25-5-99

To,  
The Secretary,  
M.P. Vipashyana Samithi  
Bhopal.

Sub: - Regarding the training of Vipashyana.

The M.P. Academy of Administration has been organising from the last two years for government servants, the 'tension free and self-development' named training programme based on the method of Vipashyana. The period of this prog training is of 12 (Twelve) days. ~~Rs. 2500/-~~ An amount of Rs. 2500/- is being collected <sup>for each</sup> ~~from the~~ government servants who <sup>has</sup> been nominated by the department, towards the training-fees and those nominated officers are being treated on duty during the period of this training for which they need not apply separately. These training programmes are being organised with the co-operation of M.P. Vipashyana Samithi.

Sd/-

(Kavindra Kiyawath)  
Joint-Executive (Admin)

Department of General-Administration (6)

Secretariat

Vallabh Bhawan - Bhopal - 462004

Sl. No. 1665/97/V.I.A/16/1

Bhopal dated 24-4-98

To,

All Chief-Secretaries / Secretaries  
Government of Madhya Pradesh  
Bhopal.

Sub:- Training programme of "Tension free and  
Self development" for the Government Servants.

22nd December 1998.

Copy of letter No. 5435/AC/PR/KK/10/28 dated  
3-11-98 is enclosed.

Training programme of "Tension free and Self  
development" is being organised by the Academy of  
Administration for the Government Servants from  
22nd December 98, basing on Vipashyana method.  
Necessary action may be taken to inform the  
Academy regarding the participations of the employees  
of your department.

Sd/-

(Akila Hashmath)

Asst. Secretary

Govt. of M.P. - Genl. Admin. Deptt.

Sl. No. 1666/97/V.I.A/98/1/9 - Bhopal dt. 24-11-98

Copy forwarded to the Executive-officer, Academy of  
Administration for Bhopal for information and  
necessary action.

Sd/-

(Akila Hashmath)

Asst. Secretary.

Academy of Administration  
Madhya Pradesh  
Bhopal Bhopal

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Sl. No. 3599/Ac/PR/KK/98 - Bhopal dt. 13-7-98

To,

Sub: - Training programme of named "Tension-free and Self development" for the Govt. Servants (period 16 to 27th Aug 98)

Academy of Administration is going to organise a training programme on the subject of "Freedom from Tension and Self development - (Vipashyana Method) from 16 to 27th Aug. 98 for the Govt. Servants.

Details of Rules and Regulations of this programme are enclosed with the ~~copy~~ letter. While the nominated officers may be informed well about the Code of Conduct and discipline to be followed during the course and their acceptance for strict adherence of the same before their nominations are may be obtained before the Selection. After receiving the nominations, the Academy will scrutinise them and prepare a final list and send a copy of the same to the selected candidates individually. An amount of Rs. 2500/- has been decided as admission fees for this programme. The concerned department has to bear this amount and the nominated officer shall be treated on duty during this period.

(2)

(B)

Kindly ensure that a maximum of three officers are nominated from your department for this training programme. please make available the nominations of the officers of your Branch to be participated in this programme before 31st July 98.

Sd/-  
(Kavindra Kiyavath)  
Training Co-ordinator.