



VIPASSANA RESEARCH INSTITUTE

PARIYATTI BHAVAN, GLOBAL VIPASSANA PAGODA CAMPUS, NEXT TO ESSEL WORLD,
GORAI VILLAGE, BORIVALI (WEST), MUMBAI - 400091, MAHARASHTRA, INDIA.

TELEPHONE: +91-22-28451204 - Ext. - 560 E-MAIL: mumbai@vridhamma.org

WEBSITE: www.vridhamma.org



University of Mumbai

APPLICATION FORM

I. Course Details										
From (Date)	To (Date)	University of Mumbai affiliated Course				Medium of Instruction				
8 th July 2020	23 rd Sept 2020	'Introduction to Vipassana Meditation' - Short Course				Hindi & English				
Can you read, write and understand the language in which the course is being conducted?								<input type="checkbox"/> Yes	<input type="checkbox"/> No	
II. Personal Information (In Block Letters)										
Last Name		Affix your recent Photograph								
First Name										
Middle Name										
Gender (Click ✓)	Marital Status									Date of Birth :
<input type="checkbox"/> M	<input type="checkbox"/> F	DD/MM/YYYY								
Address & Pin Code										
Aadhaar No.										
Telephone No.		Mobile No								
E-mail ID										
Educational Qualification						Total years of Education				
Are you Student ? (Click ✓)		Yes	No	If you are a student, please fill in current detail about Course & Subject Institute Name:						
Have you learnt Pali Language ?		Yes	No	If Yes, When ?		Institute Name				
Occupation				Occupation Detail						
Experience in other fields										

PTO...



III. Details of experience in Vipassana Meditation								
• Have you completed a 10-day course with S.N. Goenka or any of his assistant teachers ? (Click ✓)							<input type="checkbox"/> Yes	<input type="checkbox"/> No
If Yes, please give Details of experience in Vipassana Meditation								
1. Are you committed exclusively and fully to the practice of Vipassana Meditation as taught by Shri S. N. Goenka and his Assistant Teachers ? (Click ✓)							<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Write below the number of courses you have attended with Shri S. N. Goenka or his Assistant Teachers?								
10-Day	STP	Spl 10-Day	20-Day	30-Day	45-Day	60-Day	TSC	
Details of Courses		Year	Place / Centre		Name of AT			
First Course								
Latest Course								
3. Are you following the five precepts scrupulously for last one year ?								
4. Are you maintaining daily morning and evening meditation practice of one hour each, for past two years ?								
IV. Other Extra Details								
1. Do you have any past or present physical or mental diseases? If YES, please give details.								
2. Are you a Vipassana Teacher? : No /AT / SAT / Teacher								
<p>I undertake to abide by the rules, regulations and discipline of Vipassana Research Institute during the course.</p> <p>Place : _____</p> <p>Date : _____</p> <p style="text-align: right;">_____</p> <p style="text-align: right;">Signature</p>								

Note : Scanned copy of completely filled application form, along with photograph and educational certificate may be sent to mumbai@vridhamma.org